

Brave ♥ Heart ♥ Nation

# PERSONALIZED TREATMENT



# TRAINING



Train With Us In Ixtapa, or We'll Come To You Anywhere In The World

Couples, Families, Groups, Caretakers







**Our Most Powerful Training Package**

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# **Personalized Treatment & Training**

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**Couples, Families, Caretakers,  
1 On 1, Friends, & Groups.**

# BRAVE HEART OATH

"I am **Love**, I am **Healed**, I am **Brave Heart**. **Today and every day** from the moment I rise until I gently close my eyes, I will **trust, honor, respect, protect, forgive** and totally **love** myself **first and foremost** before anyone else or anything else so help me God.

Because I **am**, I **can**, I am **Healed**, I am **Brave Heart**."





## Disclaimer

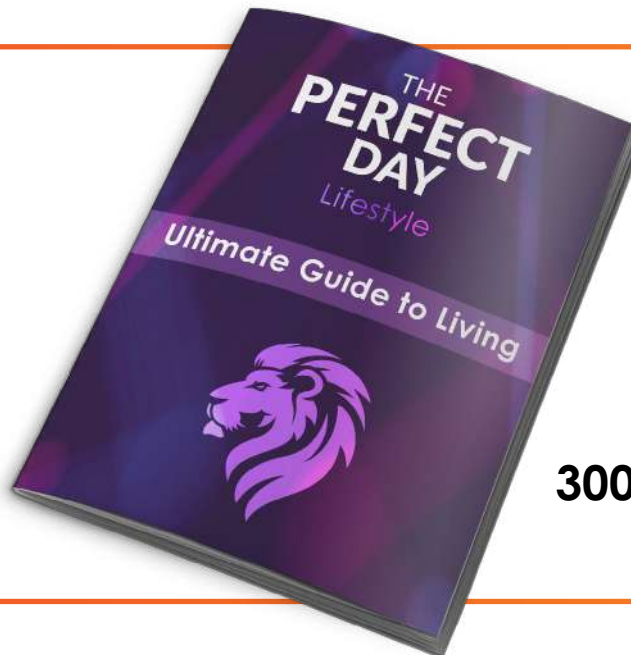
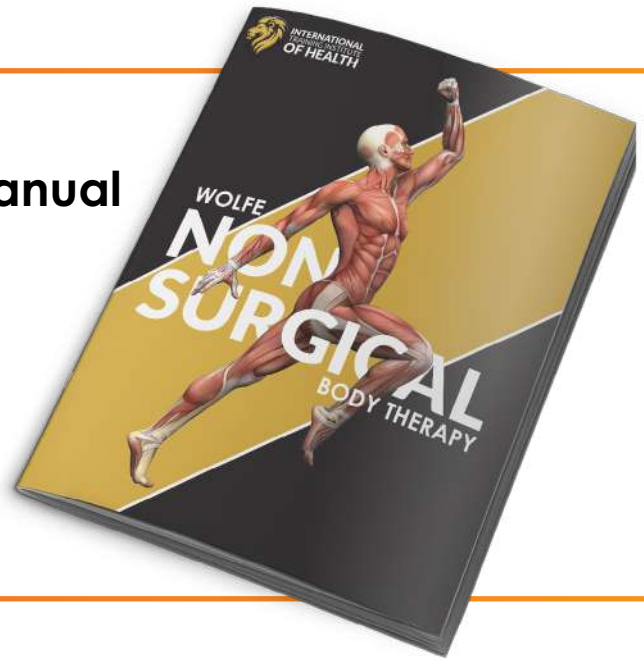
This information is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. The contents of this document are based on the Dr. Darrell Wolfe's experience and research. Dr. Wolfe encourages everyone to do their own research to make their own decisions for their health and well-being. If you are pregnant, nursing, taking medication, or have a medical condition, consult your health care professional before using products based on this content.



Couples Training & Treatment (Emotional/Nutritional/Body Work)  
Wolfe Non Surgical Personal Certification  
Wolfe Whole Body Non Surgical Joint Restoration  
Perfect Pain Free Pregnancy  
Advanced Athletic Deep Tissue Body Work Training

## WHAT COMES WITH EVERY PTT:

400 Page Wolfe Non Surgical Manual



300 Page Perfect Day Lifestyle Guide

**Personalized Perfect Day Consultation**  
to get you started on the greatest adventure of your life  
**that would be you BraveHeart.**

# BraveHeart

A silhouette of a person, likely a woman, with their right arm raised in a fist. The person is facing away from the viewer, and their hair is blowing in the wind. The background is a gradient of warm colors, from dark purple at the top to light orange at the bottom.

“

**You have what  
it takes to live  
life unlimited.**

”



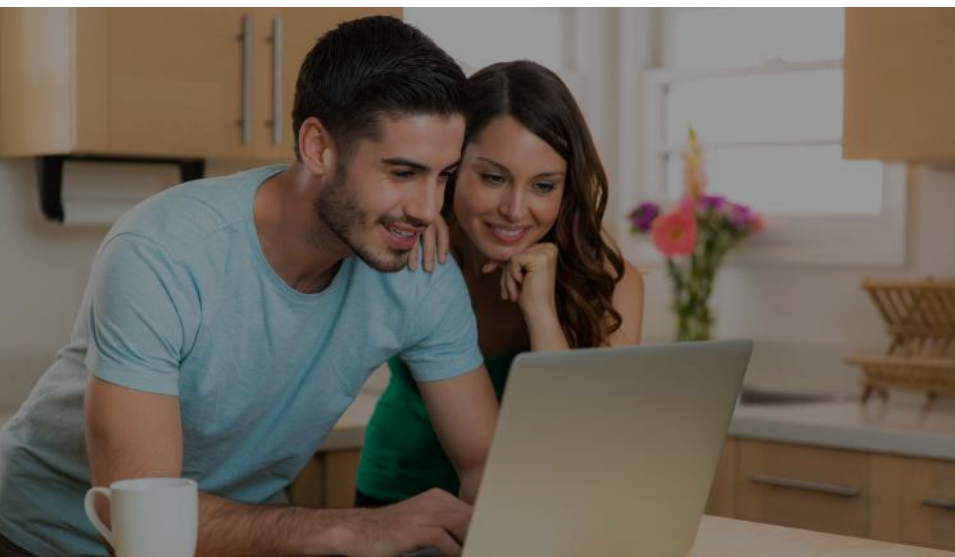
# THE BEST OF HEALTH & HEALING

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**Are You Ready To Discover The Real You, The Authentic You, & Uncover The True Power That Lies Within You?**

**We are only limited by our beliefs**, our thoughts make and shape us. Inside all of us lies the genius and the healer you seek, together, let us awaken our full potential to heal on a physical and emotional level so that we may live our life unlimited.

**The Doc of Detox / International Training Institute of Health** has devoted thirty-five years to training, teaching and treating thousands of people **just like you** in becoming masters of their health and well-being. Never lose your faith; believe in you. I give you **my personal guarantee** that we will surpass all your expectations on health and healing. Our techniques and protocols are known throughout the world for their effectiveness in making the impossible **possible**.



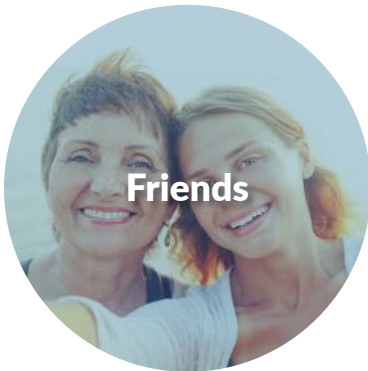
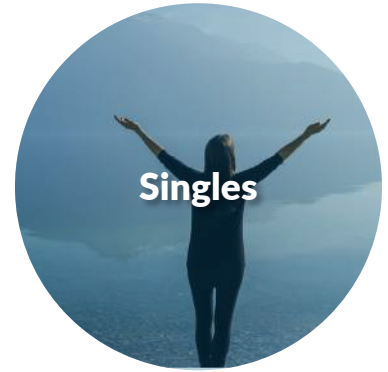
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Visit **WWW.ITIOH.COM** to view the testimonials from our *Personalized Treatment and Trainings*, and get a glimpse of the **breakthroughs** that await you.

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# Who comes for our *Personalized Treatment & Training?*



36 Hours - **Couples Treatment & Training (Page 3)**

60 hours - **Personal Wolfe Non Surgical Certification (Page 5)**

36 Hours - **Wolfe Whole Body Joint Restoration (Page 7)**

42 Hours - **Perfect Pain Free Pregnancy (Page 9)**

36 Hours - **Athletic Deep Tissue Body Therapy Training (Page 11)**

18 Hours - **Pelvic Floor Restoration (Page 3)**

2 Hours (Online) - **Personal Treatment Training Online Consultation (Page 3)**

# COUPLES TREATMENT & TRAINING

**\$6500** (Emotional/Nutritional/Body Work)

*You come to us, or we'll travel to you.*



How would it feel to have the ability to master your mind and reunite your love relationship with yourself and your significant other? How would it feel to be able to work on your significant other, children, other family members or your friends and totally eliminate their physical aches, pains and ailments more effectively than the majority of health practitioners?



**6-8hours/day**

**36 hours in total (more hours can be added if needed)**

*Optional day off halfway through your training, please let us know when you book.*



**For Every Additional Person Add 6 Hours Of Extra Training**


**Additional hours - 175\$/Hour**



**6 Hours - Emotional & Nutritional Training & Support**

**30 Hours - Wolfe Non Surgical Internal & External Therapies**

*Each participant will receive approximately 10 to 15 hours of work on their body*



**What comes with your training:** Wolfe Non Surgical Manual (400 pages), Perfect Day Lifestyle Manual (370 pages), Perfect Day Consultation, Lifetime Telephone Support

**Call Dr. Darrell Wolfe at:** 855-900-4544 ext. 5 to book today

**Our life-changing gifts for you:** [docofdetox.com/library](http://docofdetox.com/library)

*The world's most powerful Self Care, Self Love, Self Empowerment Online Library*

**A to Z wellness Masterclass and look for your condition:**

[internationaltraininginstituteofhealth.com/masterclass](http://internationaltraininginstituteofhealth.com/masterclass)

**TO GET IT FOR FREE, BEFORE CHECKOUT USE CODE: WOLFENONSURGICAL**

**BraveHeart Emotional Intelligence Masterclass:**

[internationaltraininginstituteofhealth.com/braveheart](http://internationaltraininginstituteofhealth.com/braveheart)

**TO GET IT FOR FREE, BEFORE CHECKOUT USE CODE: BRAVEHEARTFREE**

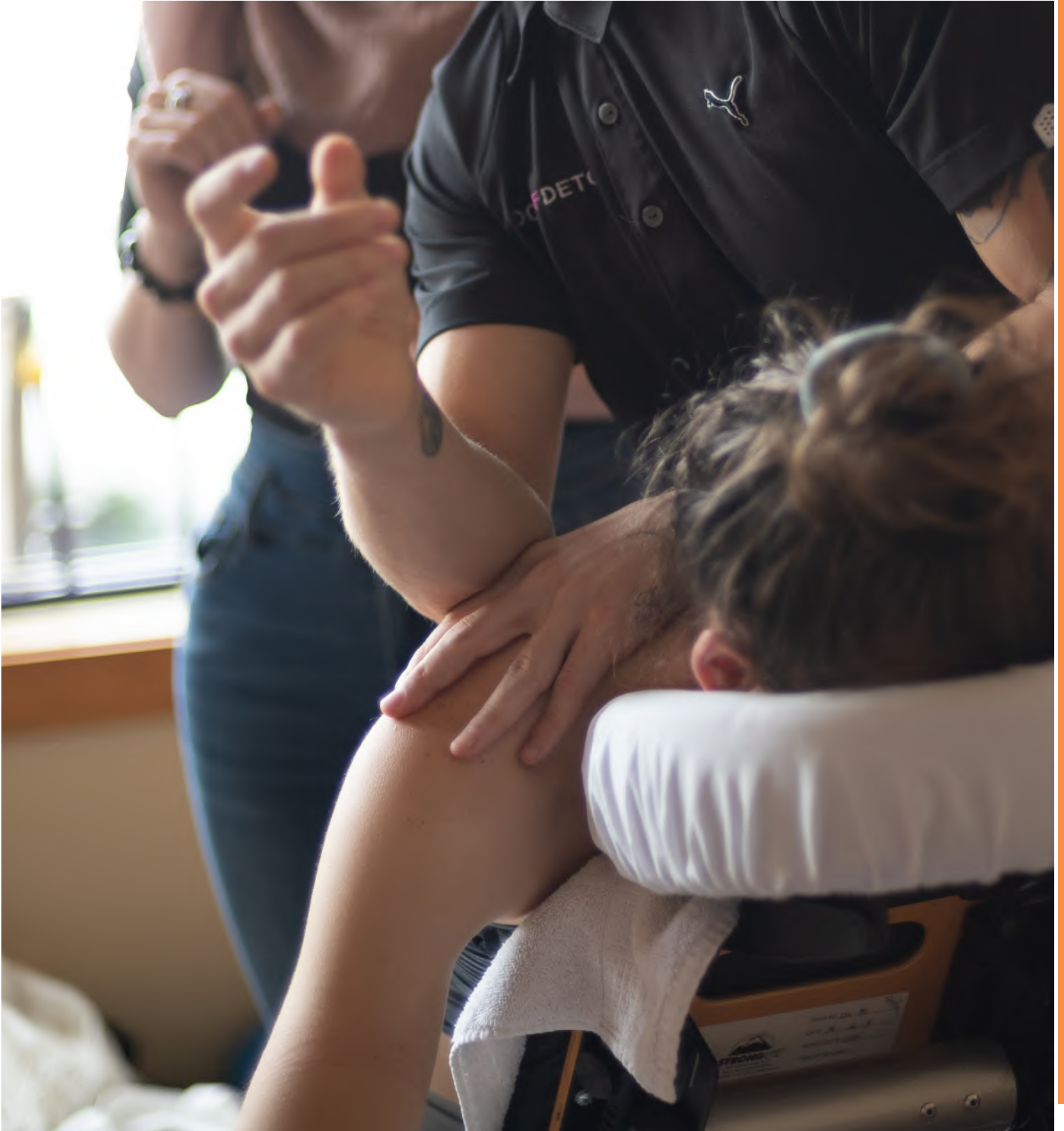
**More Information:** [www.newworldpractitioner.com](http://www.newworldpractitioner.com)



# PERSONAL WOLFE NON SURGICAL

Certification

*You come to us, or we'll travel to you.*



## Who takes this course? Health Practitioners, Caretakers

This is a Personal Wolfe Non Surgical Certification Training that is tailored for the person or group that is being certified. Can be done at the Ixtapa World Healing & Training Center or we can come to you anywhere around the world. We will train from 1 to 16 people per certification. 60 hours/day for 10 days. All Participants Are Treated & Trained.

### **WOLFE NON SURGICAL** Personal/Professional Certification

**1 Person - 10,000\$**

**2 People - 16,000\$**

**3 People - 22,000\$**

**4 People - 28,000\$**

**6 hours/Day for 10 days**

**1 Day break on 6th day**

**60 hours in total (more hours can be added if needed)**

Any additional hours - **175\$/Hour**

*Each participant personally will receive approximately 20 hours of work on their body*

**What comes with your training:** Wolfe Non Surgical Manual (400 pages), Perfect Day Lifestyle Manual (370 pages), Perfect Day Consultation, Lifetime Telephone Support

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**BraveHeart Emotional Intelligence Masterclass:**

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**More Information: [www.newworldpractitioner.com](http://www.newworldpractitioner.com)**

# WOLFE WHOLE BODY JOINT

Restoration

*You come to us, or we'll travel to you.*





**Who takes this course?** Chiropractors, Physiotherapists

The secrets to feeling physically young lie within the joints. Wolfe Non Surgical Bodywork will completely restore mobility, flexion extension and strength. Displaced calcium, crystallization and scar tissue are the #1 issues behind chronic illness, chronic joint, muscle, tendon and ligament problems. All of these conditions are efficiently reversed when you incorporate our Perfect Day Lifestyle and our Wolfe Non Surgical Joint Therapy Technique into your life.

**For 1 or 2 people 6500\$**

**6-8hours/day - 36 hours in total (more hours can be added if needed)**

*Optional day off halfway through your training, please let us know when you book.*

**For Every Additional Person Add 6 Hours Of Extra Training**

**Additional hours - 175\$/Hour**

**6 Hours - Emotional & Nutritional Training & Support**

**30 Hours - Wolfe Non Surgical Internal & External Therapies**

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# PERFECT PAIN FREE PREGNANCY

*You come to us, or we'll travel to you.*



This training is not just our most powerful training for couples, but the most critical training for new families or for families who desire an easy, pain free pregnancy and vital health for the mother and the child. This life changing, life saving training will provide everything needed on an emotional, nutritional and physical level to unleash your full potential as a practitioner/parent. The reason families are being held captive is because we have not been taught to become our own doctor by taking massive personal action - it's your body, it's your life, every family needs a BraveHeart. We must become the light for our family, this is the only way that families will stay permanently healthy and happy. Unleash their god-given right to heal and stay healed.

**7500\$ for 2 people**

**7 days - 42 hours in total (more hours can be added if needed)**

**6 hours with Dr. Darrell Wolfe or a Master Emotional Trainer**

*Optional day off halfway through your training, please let us know when you book.*

**For Every Additional Person Add 6 Hours Of Extra Training**

**Additional hours - 175\$/Hour**

**6 Hours - Emotional & Nutritional Training & Support**

**30 Hours - Wolfe Non Surgical Internal & External Therapies**

*Each participant personally will receive approximately 20 hours of work on their body*

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**BraveHeart Emotional Intelligence Masterclass:**

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**TO GET IT FOR FREE, BEFORE CHECKOUT USE CODE: BRAVEHEARTFREE**

**More Information: [www.newworldpractitioner.com](http://www.newworldpractitioner.com)**



# ADVANCED ATHLETIC DEEP TISSUE

Body Work Training

*You come to us, or we'll travel to you.*



## Who takes this course? Athletes, Trainers

This advanced training is for athletes and athletic trainers that want the cutting edge in ligament, tendon, muscle and joint restoration. How would it feel to be able to resolve a problem before it starts? The whole world of athletic and physical training is crippled due to ineffective bodywork and worn out nutritional guidance. This all changes with Wolfe Non Surgical - the most advanced training in the field of Body Mechanics. Do you wish your recovery to be hours or days? Or weeks, or even months? Our trainings come with a money-back guarantee that you will rise above and beyond what is offered in health-care today.

**6500\$**

**Body Work Training**

*Optional day off halfway through your training, please let us know when you book.*

**For Every Additional Person Add 6 Hours Of Extra Training**  
Additional hours - **175\$/Hour**

**6-8hours/day**

**36 hours in total (more hours can be added if needed)**

*Each participant personally will receive approximately 10 to 15 hours of work on their body*

**What comes with your training:** Wolfe Non Surgical Manual (400 pages), Perfect Day Lifestyle Manual (370 pages), Perfect Day Consultation, Lifetime Telephone Support

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**BraveHeart Emotional Intelligence Masterclass:**

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**TO GET IT FOR FREE, BEFORE CHECKOUT USE CODE: BRAVEHEARTFREE**

**More Information: [www.newworldpractitioner.com](http://www.newworldpractitioner.com)**



# PELVIC FLOOR RESTORATION

*You come to us, or we'll travel to you.*

Pelvic floor restoration is one of the most powerful trainings that we offer. The pelvis is the holy grail of information and energy for the human body. When the pelvis is infected, inflamed, crystallized or filled with scar tissue it becomes a major domino to disease. The pelvic floor restoration 3 day training will incorporate the Perfect Day Lifestyle on an emotional and nutritional basis. It will also incorporate proper detoxification methods, internal and external therapies and nutrition. With all Pelvic Floor Restoration PTT's you will also learn the art of Wolfe Non Surgical body work. When this is combined with all the other strategies that we will be teaching you, you will now have the power to take massive personal action and heal yourself and those you love.



# PERSONAL TREATMENT TRAINING

## *Nutritional & Body Work Online Consultation*

How would it feel to have the knowledge to turn around your own personal issues in your tissues, joints or organs? How would it feel to take massive personal action and totally eliminate physical aches, pains and ailments more effectively than the majority of health practitioners all within your own home? In this 2 hour live and online nutritional/bodywork training consultation, you will be taught strategies that will empower you to take your life back, to take your health back. We will review external and internal therapies, proper lengthen/strengthen exercise techniques, along with diet and nutritional support that will ensure the best success for a complete healing of your condition.

Those consultants that are **Master Trainers** will help create your roadmap back to health.

**Master Trainers:** Sage Wolfe, Jason Varga, Dr. Keith Tong

**What comes with your training:** Perfect Day Lifestyle Manual (370 pages), Lifetime Telephone Support, \$50 Doc of Detox Store credit. We will instruct you how to record this video training so you have it for future reference. Your journey to vital health starts today.

**\$350USD And Comes With A \$50 DOCTOFOX Store Credit.**





Take the leap.

**You're Worth The Risk.**



**Become unstoppable.** Get ready to make the **impossible possible** and treat the so-called **UNTREATABLE** for you and your family.

**Families, couples, friends, singles and groups** from around the world come stay with us at the **Ixtapa Palace** or we come to them for 7 to 33 days for our **Personalized Treatment and Trainings**. Our **Personalized Treatment and Trainings** have earned the reputation as being the most effective, life changing experience in health today.

**How would it feel** to create the Perfect Day for yourself and your family on an emotional and nutritional level from the minute you rise until you gently close your eyes?

The key to taking your power back and owning it when it comes to health, healing and well-being lies in the success of you understanding the condition you're in on an emotional level, not just a physical one. With this breakthrough treatment and training, the technique of assessing and treating yourself and other will come easy when you learn the rules to real health.

“ Team Work Makes **Every** Dream Work. ”

**Health in general** has been made to look and feel complicated but let me assure you, this is the **grand illusion** that prevents people just like me and you from moving forward in our lives with passion and purpose so that we may fulfill our heart-felt desires. I give you, my **personal guarantee**, that you have more than what it takes to learn these powerful techniques and strategies.

Take ownership of your body by retraining the brain so that you may become the light for your family. Every family needs but one hero. **Our success is your success - come get it.**

Call today to build your **Personalized Treatment and Training** and take your physical, nutritional and emotional health to the highest level!

1 855 900 4544 EXT. 5 | [WWW.ITIOH.COM](http://WWW.ITIOH.COM)







Come stay with us at the

# IXTAPA PALACE

World Healing & Training Center

## ABOUT US

***The Doc of Detox Functional Medicine Clinic*** is a whole body therapeutic clinic that integrates a four pillar healing approach that focuses on the mind, body and spirit. We take a whole body approach focusing on emotional, physical and nutritional aspects of healing because without this, good health is temporary at best.

**Our first pillar** is to assess the condition you are in rather than the condition you have. **Our second pillar** is to empower you with specialized training and knowledge so that you become the master of your mind. Where the mind goes the body follows; this is life. **Our third pillar** is to create the Perfect Day on an emotional, physical and spiritual level for your success.

We will teach you that gentle loving steps when it comes to detox, diet, nutrition and retraining the brain each and every day is the ***Brave Heart Way***. Learning how to rewire the brain is the only prescription for permanent health because strategy is everything. **The fourth pillar**, which completes the foundation of healing, is the ***Wolfe Non Surgical Training***, which is known for being the most powerful yet simplistic therapeutic bodywork for instant long lasting results. In as little as five days you will accomplish what others only dream of.



# Our Life-Changing Gifts For You:

- *Wolfe Non Surgical Manual (400 pages)*
- *Perfect Day Lifestyle Manual (370 pages),*
- *Perfect Day Consultation*
- *Lifetime Telephone Support*
- *A to Z wellness Masterclass FREE*  
*Use code: Wolfenonsurgical*
- *BraveHeart Emotional Masterclass FREE*  
*Use code: Braveheartfree*

**ITIOH.COM**

To complete and bring all four pillars together we offer you **unlimited lifetime support**. There will always be questions and we'll always have answers because there will always be growth.

**Our phone lines** are always open to you and awaiting your call because you matter. There are no dumb or silly questions, we are here to serve you and help you make and shape your life.

We also offer additional support with our weekly **Doc of Detox Show Webinars** and **Live Q&As** where we provide the latest in health breakthroughs and answer all your burning health related questions. **Brave Heart Nation** is a weekly Q&A show focused on giving people the best answers, tools and techniques to become the master of their emotions and whole life.

**DOCOFDETOXSHOW.COM**

At the **Doc of Detox** we understand where you are coming from, where you want to go and how to get you there. We guarantee, you will be successful because of our **unique four pillar healing platform**. We value every question and every phone call; we are here to help and support you along your amazing journey.

**We have time tested protocols** for all conditions whether they be physical or emotional; ranging from constipation to cancer and everything in between such as depression, PTSD, addictions, midlife crisis, couples conflicts, weight problems, muscular problems, skeletal problems and autoimmune disease, just to name a few. With our **Personalized Treatment and Trainings**, I assure you, your confidence will be restored on all levels.



# BIOGRAPHIES



## Dr. Darrell Wolfe Ac.PhD.DNM.DHS.

**Dr. Darrell Wolfe** Ac.PhD.DNM has 36 years of experience in natural medicine as a medical intuitive and is known as the **Doc of Detox**.

He is a **Doctor of Natural Medicine (DNM)** and **Doctor of Humanitarian Services (DHS)**, certified with the **Board of Integrative Medicine\***.

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## Author | International Speaker | Teacher | Practitioner

**Dr. Darrell Wolfe** is the professor and the director of the prestigious **International Training Institute of Health**. They offer unique breakthrough trainings and certification courses to all sectors, the public, natural health & the medical professional health community. **The International Training Institute of Health** is a registered training institution under the World Organization of Natural Medicine.

Dr. Darrell Wolfe guest lectures and volunteers community services for the Canadian College of Humanitarian Medicine, which is chartered by the Department of Works of Canadian Parliament for post-graduate training and is recognized in 32 countries by the United Nations UNESCO\*.

Dr. Darrell Wolfe is a renowned speaker in several health summits and documentaries, including the acclaimed *The Truth About Cancer* series and *The Truth about Detox*, which have been seen by millions around the world.



# **The *Doc of Detox* & The International Training Institute of Health is based in Ixtapa, Mexico, where Dr. Wolfe & his team treat patients, train couples & families, & certify health practitioners locally & around the world.**

**Dr. Wolfe is the author of the best selling book**, *Healthy to 100*, which is the ultimate guide to bullet-proofing your body against disease, eliminating pain, burning fat, living longer and stronger. He is the director and creator of *The Doc of Detox Show* that is seen by millions around the world.

**The World Organization of Natural Medicine** has presented Dr. Wolfe with the 'Order of Excellence' award. His mission is to share with the world his specialized knowledge on how to master your health, heal your body and awaken your mind.

*\*The Board of Integrative Medicine certifies these professional designations and the training institute is recognized by The Canadian College of Humanitarian Medicine.*

## **Education**

- **Doctor of Natural Medicine**  
*World Organization of Natural Medicine, 2016*
- **Doctor of Humanitarian Services**  
*World Organization of Natural Medicine, 2016*
- **Doctor of Homeopathic Acupuncture**  
*Open University Sri Lanka Hospital, 1985*
- **Naturopathic Practitioner & Colon Hydro Therapist**  
*Australian Naturopathic College, 1982*
- **Registered Massage Therapist**  
*Canadian College of Massage & Hydrotherapy, 1980*

## **Awards**

- **Lifetime Achievement Award**  
*The Truth About Cancer, 2015*
- **Distinguished Speaker**  
*The Truth About Cancer, 2015*
- **Order of Excellence – Natural Medicine**  
*World Organization of Natural Medicine, 2016*





## Sage Wolfe

### WDTT.NSAT

**Sage Wolfe** is a Master Trainer in *Wolfe Non Surgical* with the **International Training Institute of Health**.

Sage has been with the clinic for over 7 years and has been a Master Trainer of *Wolfe Non Surgical Therapy* for 5 years.

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**Sage Wolfe** is a Master Trainer in Wolfe Non Surgical with the International Training Institute of Health. Sage has been with the clinic for over 7 years and has been a Master Trainer of Wolfe Non Surgical therapy for 5 years.

Growing up as Dr. Wolfe's son, Sage developed a keen interest for nutrition and physical development at an early age. Being involved in sports and weight training is where Sage truly felt his desire for balance. Over the years he has been empowering his clients to take personal action of their health and whole life on a nutritional and physical level.





## Jason Varga WDTT.NSAT

**Jason Varga** is a Master Trainer in *Wolfe Non Surgical and Nonsurgical Aesthetics* with the ***International Training Institute of Health.***

Jason has been with the clinic for over a year,  
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### Contact Us!



All ***Personalized Retreats*** are tailored to your individual needs and requirements.

Dr. Wolfe takes pride in planning and preparing your stay with us. ***All Participants Are Treated & Trained***

[www.newworldpractitioner.com](http://www.newworldpractitioner.com) | [www.healthyto100live.com](http://www.healthyto100live.com)

 **Doc of Detox Clinic:** 1 855 900 4544 EXT. 5





# WHAT YOU LEARN:

## Wolfe Non Surgical Therapy

**Wolfe Non Surgical** is the most powerful bodywork therapy ever developed and is based on the knowledge, experience and precise techniques developed by Dr. Darrell Wolfe over the last 40 years.

**Wolfe Non Surgical** is NOT massage and is unlike any and all other deep tissue therapies. If you are after instant, long lasting results then be prepared to be amazed at this simple but highly effective technique.

We offer a money back guarantee to all our patients and clients that we will accomplish more in the first treatment than all other therapies combined to this date. It's not how much you do, it's how you do it; strategy and technique is everything. We have patients and clients who travel to us from around the world on a weekly basis for our **Wolfe Non Surgical Therapy**.

**Where other therapies fail, Wolfe Non Surgical succeeds.**  
We create leaders in the field of bodywork therapy.



### Discover how to:

Instantly restore joint function and health

Lengthen, strengthen, detoxify and tone fibrous muscle

Heal damaged ligaments and tendons

Correct damaged muscles, while relieving congestion and inflammation

Restore the nervous system

Increase range of motion

Increase strength and muscle tone



## Wolfe Non Surgical Benefits:

- Improves joint function and health
- Restores the nervous system
- Stimulates blood supply to each and every cell
- Lengthen, strengthen, detoxify and tone fibrous muscles
- Improves the flow of hormones
- Increases circulation
- Improves skin conditions and disorders
- Restores organ function and balance
- Improves the digestive system
- Relieves congestion from lymph nodes
- Improves lymphatic vessels and increases lymphatic circulation
- Helps to effectively remove toxins from muscles and cells
- Increases range of motion
- Helps heal damaged ligaments and tendons
- Corrects damaged muscles
- Relieves congestion and inflammation
- Eliminates pain and stiffness

**The most important key** to bodywork is recognizing and eliminating internal scar tissue. Isn't it amazing how the medical system does not recognize internal scar tissue until they call it a fibroid or tumor and the majority of natural health bodywork therapies only treat the symptoms?

With your **Personalized Treatment and Training** you will learn how to reverse the underlying cause of muscular and skeletal problems, pain, inflammation and injuries. Whether it is a knee or hip problem, scoliosis, frozen shoulder, TMJ problem, sinus problem, fibroids, arthritis, hiatal hernia, inguinal hernia, spinal or disk problem or sciatica; you name it, you can treat it.

**Wolfe Non Surgical** will release nerves that are being strangled, irritated and inflamed by the unwanted scar tissue in the body. There is not a disease or physical condition that does not involve scar tissue formation. Stiffness and premature aging are due to crystallization, scar tissue formation and calcification, which **Wolfe Non Surgical** will eliminate.

We have trained chiropractors, physiotherapists, nurses and massage therapists in **Wolfe Non Surgical** that state in all their years of treating and training they have never seen another therapy so powerful yet so simple to learn. **Go to ITIOH.com to see testimonials.**

All our therapies are of professional caliber, which any layperson will be able to master. Understand, the decline of physical health in the majority of the population has become a normal occurrence. In reality, it is a crippling belief that only serves a broken health care system and big pharma. Whether you are furnishing a cane, a walker or a wheelchair, in almost all cases these are just limited beliefs... that ends here.



# WOLFE NON-SURGICAL DEEP TISSUE THERAPY

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*Where other therapies fail,  
**Wolfe Non-Surgical Deep  
Tissue Therapy succeeds.***

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**BACKED BY OUR  
MONEY BACK  
GUARANTEE!**

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**Wolfe Non-Surgical Therapy**  
is the most effective form  
of therapy in the elimination  
of internal scar tissue,  
crystallization, and calcification,  
which are the major causes of  
premature aging, muscle, joint  
and nerve pain, inflammation,  
and physical limitation.





## ADVANCED NON-SURGICAL DEEP TISSUE TREATMENTS



- Abdominal Lift
- Ankle Restoration
- Arthritis - Joint Restoration
- Breast Restoration
- Carpal Tunnel Restoration
- Eye Restoration
- Face Lift
- Frozen Shoulder
- Hearing Loss
- Heart Release
- Hip Restoration
- Joint Replacement Prevention
- Knee Restoration
- Lung Restoration
- Neck Sprains & Strains
- Pain-Free Pregnancy
- Pelvic Clearance
- Post Surgery Scar Tissue Removal
- Scoliosis
- Sinus Restoration
- Slipped, Bulged or Compressed Disc
- Spinal Restoration
- Surgery Prevention
- Tennis Elbow
- TMJ Restoration
- Trigeminal Neuralgia
- Whiplash



## EFFECTIVE ON ALL JOINTS & CONDITIONS

- Abdominal Pain
- Ankle Problems
- Back Pain
- Bladder Conditions
- Bone Spurs
- Bursitis
- Disc Problems
- Displaced Calcium
- Fibroids & Cysts
- Fibromyalgia
- Frozen Neck
- Headache & Migraines
- Hip Problems
- Knee Problems
- Muscle Spasm
- Neck Pain
- Nerve Pain
- Numbness & Tingling
- Osteoarthritis
- Overuse Syndrome
- Pregnancy Complications
- Prostate Conditions
- Rheumatoid Arthritis
- Sciatica
- Shin Splints
- Sports Injuries
- Sprains & Strains
- Tendinitis
- ...and more!



Book your stay today – Your new life awaits you

# Perfect Day CONSULTATIONS

## Perfect Day Consultation

### Create the **Perfect Day** for the **Perfect Life**

Your personalized **Nutritional Consultation** will be tailored to your specific needs and requirements to create the perfect day, every day. Are you tired of going from practitioner to practitioner, from prescription to prescription or continually going from one symptom to another?

How would it feel if we created the **Perfect Day** tailored just for you, meaning, you will have a step-by-step simple, but powerful protocol to follow from the minute you wake until you lay your head gently down at night? Your **Perfect Day Consultation** will entail diet, detox, supplementation, exercise, internal and external therapies and will come with ongoing support because as you change, your perfect day must change along with you to create vibrant health.

Our **Nutritional Consultations** are designed for those who are committed to living life to the fullest. We promise to give you the care you need and the guidance you deserve to master your own health. If you want to create change, then you must be that change. Awaken the healer from within, and unleash your power to heal!

**If you want different then you must be different.  
Discover the authentic you.**

Book your stay today and experience the greatest adventure of a lifetime while discovering the real you... you're worth it!

# Emotional Breakthrough Consultation

## Emotional Intelligence For Life

Everyone needs an emotional breakthrough consultation, not because they're broken and not because they're damaged. Our thoughts make and shape us and our belief systems will either keep us on track or distract us from becoming our true selves. The truth of the matter is, a minimum of 70% of our thoughts are not our authentic thoughts; they are thoughts that have been unconsciously downloaded and create the majority of the pain and suffering we experience on a daily basis. Your feelings will determine the state of your health.

When we are unable to digest and assimilate our emotions properly, they become stored in the weaker tissue and joints of the body. We will look at the difference between a physical injury and an emotional one so that you will be able to tell the difference and treat it for what it really is.

How would it feel to be taught a simple but powerful strategy that will erase the dysfunctional beliefs that undermine your well-being on all levels. This ends here. This powerful simple strategy will give you the ability to create and design beliefs that will not only eliminate the invisible bonds that bind you but will help you to unleash and awaken the real you, the authentic you.

### In your Personalized Emotional Consultation, you will:

- Harness your emotions and awaken the power of your mind
- Erase and replace dysfunctional belief systems
- Heal your relationships
- Learn how to stay happy when things go wrong
- Learn how to process your emotions to think properly
- Transform your thoughts
- Manifest your greatest desires
- Eliminate emotional and physical pain



### So, what happens during your Perfect Day Consultation?

You go through a process that helps you discover the way you and others think, feel and why we do what we do.

Every thought, every feeling, every emotion you experience in this lifetime is shaped by your belief systems and your reality map. Our life is controlled by the decisions we make, what we believe, how we feel and what we do. With this breakthrough consultation, we will teach you a new way of caring for yourself and those around you.



# UPRIGHT ROOM SANITIZERS

Sanitizes Entire Rooms  
**Within Minutes**



# Juicer:

## - Goodnature X1 Mini



### Herbivore Grinder

The new patent pending grinder loves kale just as much as it loves apples, ginger, and even almonds, making it the most versatile grinder ever created.

### Wholefruit Hopper

With a 4.3 inch wide mouth, there's no need to cut or peel most fruit and vegetables. Easily feed Herbivore® whole bunches of kale and whole apples.

### Adaptive Pressing System

The X-1 Mini intelligently adjusts its pressure and speed, giving the perfect pressure at the perfect time. Don't worry about pulling levers or twisting knobs, simple one-button operation.

### Freshfilter Press Bags

Compostable, biodegradable press bags made from renewable resources. Limited use bags cut down on labor time and help protect from food-borne illness.

### Pressafe Interlocks

Grinder and press are fully enclosed while operating. This helps protect the juice from contamination, and the operator from injury.

### Elegant Design

Goodnature partnered with Christopher Flechtner, designer of world-famous Slayer espresso machines to bring the market something not only functional, but beautiful.

All energy medicine equipment is available  
to purchase on our website!

[www.store.docofdetox.com](http://www.store.docofdetox.com)

## BIOPTRON LIGHT THERAPY SYSTEM

**A leader in Medical Light Healing**, Bioptron has a positive and long lasting effect not only on the treated area but on the whole body! It is used in various medical fields including dermatology, cosmetic surgery, aesthetics, sports medicine and other licensed skin care and wellness professions. Since the discovery of the extensive therapeutic effects of Bioptron, it has also been used as an effective treatment for a large variety of diseases.

**Some of the benefits of the Bioptron** are reducing pain, swelling and inflammation while stimulating blood circulation and tissue regeneration. It effectively reverses the major signs of skin aging and enhances the effects of cosmetic products and procedures. **Bioptron Light therapy is indispensable** for respiratory virus diseases, depression and aids with the restoration of energy and circulation all the way down to the mitochondria.

# BIOPTRON

The World's Leading Light Therapy System for Personal & Professional Use  
Effective For Pain Relief, Beauty, Health & Wellness

The Bioptron Medical Device can be purchased worldwide exclusively from the Doc of Detox







# AVACEN

## THE AVACEN

The AVACEN 100 is a patented and FDA-Cleared Class II medical device that uses cutting edge technology developed by AVACEN Medical. It incorporates heat therapy and negative pressure to increase local circulation and infuse heat into the unique vascular network located in the palm of the hand. Raising the blood temperature at this “single point treatment” (the palm) increases blood temperature throughout the body naturally via the circulatory system. This can benefit the entire body.

The AVACEN 100 uses the AVACEN Treatment Method (ATM) – a non-invasive pain management technology platform for people at normal body temperature. This technology platform uses a microprocessor controlled chamber to surround the hand with a slight negative pressure, while adding heat to the palm.

This negative pressure expands the volume of blood in the palm’s unique vascular networks while heat is simultaneously transferred from the computer managed palm pad into these expanded vascular networks.

### Suggested Uses:

- Arthritis\*
- Minor muscle & joint pain\*
- Muscle spasms\*
- Stiffness\*
- Minor strains & sprains\*
- Muscle relaxation\*

*\*FDA-Cleared and CE Mark Approved OTC  
Non-Invasive Medical Device*

### For more:

Check out The Perfect Day Lifestyle Guide, included with your Personalized Treatment & Training!



PEMF therapy or Pulse Electromagnetic Field (PEMF) therapy has been used since the 1960s. Today there are over twenty thousand reviews and studies demonstrating the benefits of PEMF therapy. PEMF therapy replicates and amplifies the earth's natural magnetic field and natural frequencies.

Focusing on the root cause and healing at the cellular level, PEMF facilitates healing and re-energizes cells by boosting ATP, uncoagulating the blood, charging the body with bio-photons, and opening cell walls to facilitate the removal of waste and intake of nutritional ions through cell membranes.

NASA discovered that life would not exist without the earth's natural magnetic fields. Studies also determined astronauts need the earth's magnetic field and frequencies for bone growth and immune system support. The International space station is fitted with PEMF devices for this reason.

PEMF therapy is FDA approved for bone regeneration, pain, headaches, sports medicine, post-surgery, physical therapy, brain cancer, Regenerative Medicine, and neurological disorders such as depression.

Offering a variety of intensities, the SENTIENT ELEMENT is one of the most powerful and affordable PEMF hardware devices on the market.

Ordinary or typical house wiring has a 15 amp or 20-amp circuit for the 120-volt North American electrical systems. The Element is designed with a 2500-watt one-ohm stable amplifier. A 20-amp house circuit is 2400 watts which makes the Element more powerful than the largest 120-volt circuit in a home.

Operational Frequencies range from 7Hz to 10,000Hz. The Earth coil is designed to work extremely efficiently from 7Hz to 2,500Hz. Other coil designs are available to work in higher frequency ranges.

Measured with over 300 continuous Gauss (or 150,000 Gauss if measuring the one-millisecond pulse like competitors) is a 50/50 duty cycle like a healthy natural earth field provides.



# CELLSONIC

## The Worlds Most Powerful Energy Medicine Device

Healing Of Tissue, Bones, Ligaments, Wounds, Nerves & Abnormal Growths

Non Invasive | No side effects | No drugs | Shockwaves since 1987



Cancer causes more premature deaths than any other disease. It is an electrical fault, easily detected and easily corrected. This is biophysics, not biochemistry. CellSonic VIPP that has been in production for fifteen years has been found to stop the profuse replication of mutating cells instantly without drugs or side effects.

The method has now progressed to being able to stop cancer in a population, not just in a person. A quick check-up will find and stop a cancer before a person is aware of it. The same technology applies to most chronic diseases.

### Suggested Uses:

- Movement
- Pain
- Jaw and Dental
- Cancer
- Psoriasis
- Erectile Dysfunction
- Accident & Emergency

*\*FDA-Cleared and CE Mark Approved OTC  
Non-Invasive Medical Device*

### LOWEST COST

The only cost that matters is the cost of cure and in every application with CellSonic VIPP it has the lowest cost. This is achieved by involving a doctor or nurse less than other methods. The patient is less disrupted and the hospital used less.

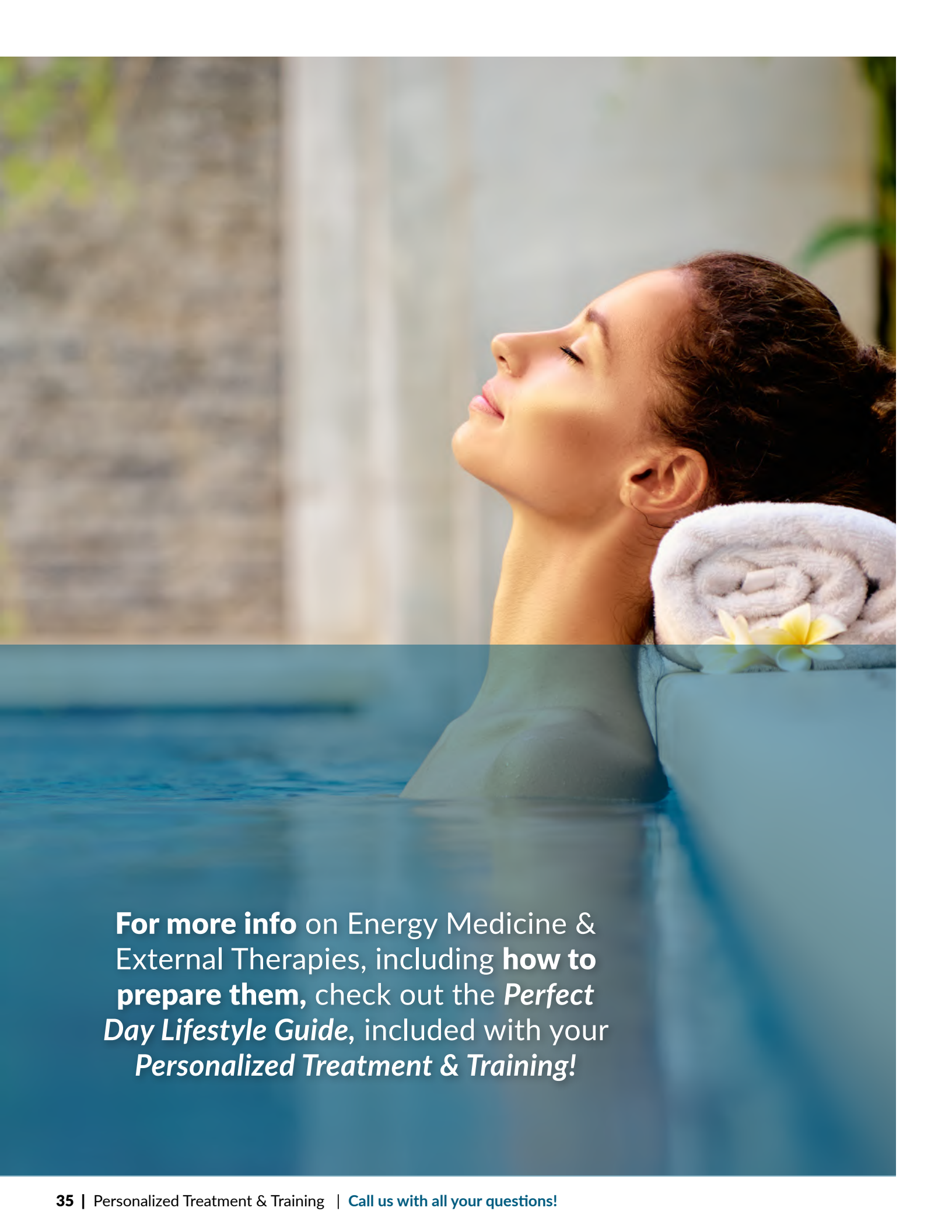
### QUICKEST CURE

CellSonic VIPP has the quickest cure and often the only cure. In many cases, CellSonic VIPP is the only cure for cancer and succeeds in two to three weeks. To cause the islets on the pancreas to generate insulin can take three months and is still the only cure for diabetes. Non-healing wounds are healed with CellSonic VIPP. Large wounds that have been open for years are made to heal in a few weeks to a few months. CellSonic VIPP is the only cure for gangrene.

### EASY TO USE

It takes five minutes to learn how to use the CellSonic VIPP machine. The operator can be shown where to aim the shock head and the programming of the machine stops it when the required number of pulses has been delivered. The wide beam of the pulse makes it easy to aim at the target. If pulses are off target, they do no harm.





**For more info** on Energy Medicine & External Therapies, including **how to prepare them**, check out the *Perfect Day Lifestyle Guide*, included with your *Personalized Treatment & Training*!

# Personalized Treatment & Training 2 Go!

PTT to Go is our latest but one of our greatest programs, and is completely tailored to you! Our master trainers have trained people in countries all over the world, such as Vietnam, Australia, and India, just to name a few. How would it feel to have the world's most powerful bodywork therapy come to you in the comfort of your home? We will teach you, your caregiver, and/or your family how to remain pain free on a physical and emotional level. We will empower you with the knowledge that you are in total control of your health, no one else. We have removed all the limitations, blocks and obstacles, the rest is up to you. We will show up to help you wake up to your fullest potential. Help is on the way!

**Call 1-855-900-4544 EXT. 5 to build your personalized treatment and training today!**

**Great health delivered to your home!**

## **Schedule:**

- Basic: 20 Hours of Training
- Advanced: 28 Hours of Training
- Advanced is an additional 8 hours of training for those who want to learn Wolfe Non Surgical
- Optional: Nutritional Consultation

## **Hotel:**

- Hotel to be booked by Doc of Detox and reimbursed by person being trained
- 4 star minimum
- Some lodging suggestions may be submitted but Doc of Detox will make final approval

## **Flight:**

- Flight to be booked by Doc of Detox and reimbursed by person being trained
- No more than 2 layovers, no overnight layovers

## Equipment:

### 2-4 Bolsters:

***We recommend having 2 rectangular and 2 round bolsters.***

- Rectangular (25" x 10" x 6" in Black): [bit.ly/rectangularbolsterITIOH](https://bit.ly/rectangularbolsterITIOH)
- Round (25" x 10" x 10" in Black): [bit.ly/roundbolsterITIOH](https://bit.ly/roundbolsterITIOH)
- Other colors: [bit.ly/bolstersITIOH](https://bit.ly/bolstersITIOH)

**Contact: Sajeede**

**Email:** [sales@healthylifecycle.ca](mailto:sales@healthylifecycle.ca)

**Phone: 1-844-858-0025**

**\*Mention that you were referred by the Doc of Detox**

**\*Ships to USA and Canada**

### Massage Chair

- EarthLite: [bit.ly/earthlitechairITIOH](https://bit.ly/earthlitechairITIOH)
- StrongLite: [bit.ly/stronglitechairITIOH](https://bit.ly/stronglitechairITIOH)

### Mats and Massage Tables:

***We recommend having 1 small mat and 1 large mat and/or a massage table/hydraulics table.***

- Small 2' x 6' Mat: [bit.ly/smallmatITIOH](https://bit.ly/smallmatITIOH)
- Large 4' x 8' Mat: [bit.ly/largematITIOH](https://bit.ly/largematITIOH)
- Standard and Hydraulics Massage Tables: [bit.ly/massagetableITIOH](https://bit.ly/massagetableITIOH)

## Transportation:

- Pick therapist up from hotel daily for training sessions at home
- Drop therapist back off at hotel after training sessions
- Or provide transportation

## Food:

- Daily allowance provided by host
- Minimum \$45





# WELCOME TO IXTAPA

Ixtapa is a Pacific Coast beach resort in the Mexican state of Guerrero. Fishing boats leave from Ixtapa Marina, adjacent to a golf course. The granite rocks of Los Morros de Potosí are a popular dive site, while the Delfiniti dolphinarium offers the chance to swim with dolphins. The laid-back resort city of Zihuatanejo lies just southeast.

## Local Activities

### Ixtapa Bike Trails (Ciclopista Ixtapa)

**Bike Rentals:** +52 755 553 3584 *Xplora Ixtapa*

+52 755 108 9742 *Bici Rent Ixtapa*

+52 755 113 3228 *Renta de bicicletas Bizihuanas*

### Crocodile Sanctuary (Cocodrilario Playa Linda)

### Turtle Release

Year-round Release of baby turtles.

**Adult: \$52 USD / Under 12 Years Old: \$42 USD**

Go to: [www.ixtapaturtlerelease.com](http://www.ixtapaturtlerelease.com) or call: 011 +52 1 755 55 64787



# RESTAURANTS

## EL FARO

Paseo la S N, Ixtapa, Zihuatanejo

+52 755 555 2510

*Local cuisine, Seafood, International, Vegetarian Friendly, Vegan Options*



## EL TIBURON DE LA COSTA

Calle Principal, San Jose Barrio Viejo, Ixtapa, Zihuatanejo

+52 755 553 2777

*Mexican, Latin, Seafood*



## BISTRO SOLEIADO

Calle Paseo de Ixtapa S/N Plaza Ambiente, Ixtapa, Zihuatanejo

+52 755 553 0420

*Local cuisine, French, Seafood, Mediterranean, European, International*



## DEBORAH'S RESTAURANT

La Puerta Shopping Centre, Ixtapa, Zihuatanejo

+52 755 553 1648

*Local cuisine, Mexican, Seafood, Vegetarian Friendly, Vegan Options*



## FRANKS GRILL

Plaza Ixpamar, Ixtapa, Zihuatanejo

+52 755 553 2777

*Mexican, Pizza, Grill, Canadian*



## EMILIO'S PIZZA

Paseo de las Garzas local Centro Comercial Ixsol, Ixtapa, Zihuatanejo

+52 755 553 1585

*Italian, Pizza, Vegetarian Friendly, Vegan Options*



## CASA MORELOS

Plaza Ixtapa, Ixtapa, Zihuatanejo

+52 755 553 0578

*Mexican, Seafood, Vegetarian Friendly, Gluten Free Options*



## ATA SUSHI BAR

Blvd. Paseo Ixtapa 6 Ixtapa, Zihuatanejo

+52 755 553 0384

*Japanese, Seafood, Sushi, Vegan Options, Vegetarian Friendly, Gluten Free Options*





*We can't wait to see you!*

# TRAVEL INFORMATION

- **Cancellation Insurance**
- **Medical Insurance**
- **Anyone with a criminal record or DUI** must obtain a waiver from Canadian Customs Border Patrol or you may be refused entry.
- **When flying into Mexico you must have a valid passport.**
- **All children flying with you must also have a passport** or be attached to your passport.
- **When driving into Mexico** you must carry **2 pieces of government ID** with picture.
- 855-900-4544 ext. 5 When you get here



## TRANSPORTATION

- **22\$ CAB RIDE FROM THE AIRPORT**
- **8\$ SHUTTLE RIDE FROM AIRPORT**



# CHECKLIST ✓

We have created this checklist to better prepare you for your Personalized Treatment and Training or Certification Course with us at the ***Doc of Detox Functional Medicine Clinic / International Training Institute of Health.***

## Clothing ✓

Proper clothing for your comfort is preferable during Wolfe Non Surgical training/treatment, to make the training sessions easier as we do skin on skin treatments.

**Ladies:** Bring loose fitting shorts (not yoga wear), loose fitting tops like tube tops, camisoles or tank tops. Bras are not necessary during any treatments or training in the chest/breast areas

**Gentlemen:** Bring loose fitting basketball shorts and tank top

These items are for training/treatment sessions only. Please bring whatever you are comfortable wearing for the rest of your stay, appropriate to the season. There is a washer and dryer in your condo for your convenience.

## Food ✓

At the ***Doc of Detox Functional Clinic***, we believe that an organic, fresh and raw diet is essential, especially when your body is in the healing phase. Nutrition plays a big part in your body's healing process.

There are a number of different shops that offer fresh and organic foods and they have been listed for you in this guide. If you have rented a car, the addresses are also listed. If we are picking you up from the airport, we will gladly bring you to these stores before we bring you to our beautiful onsite accommodations. Please have your shopping list ready.

Please see ***The Perfect Day Nutritional Plan*** for a list of the perfect diet while you are staying with us. This will enhance all treatments and therapies for the success you desire.

Some suggestions for your grocery list are: Avocados, organic eggs, Zija Core Moringa Plant Protein (can be purchased here), lentils, beans, beets, squash, dark leafy greens, sprouts, celery, asparagus, cauliflower, lemons, strawberries, apples, blueberries, peaches, cherries, watermelons and raw organic honey.



# **RULES OF ENGAGEMENT ✓**

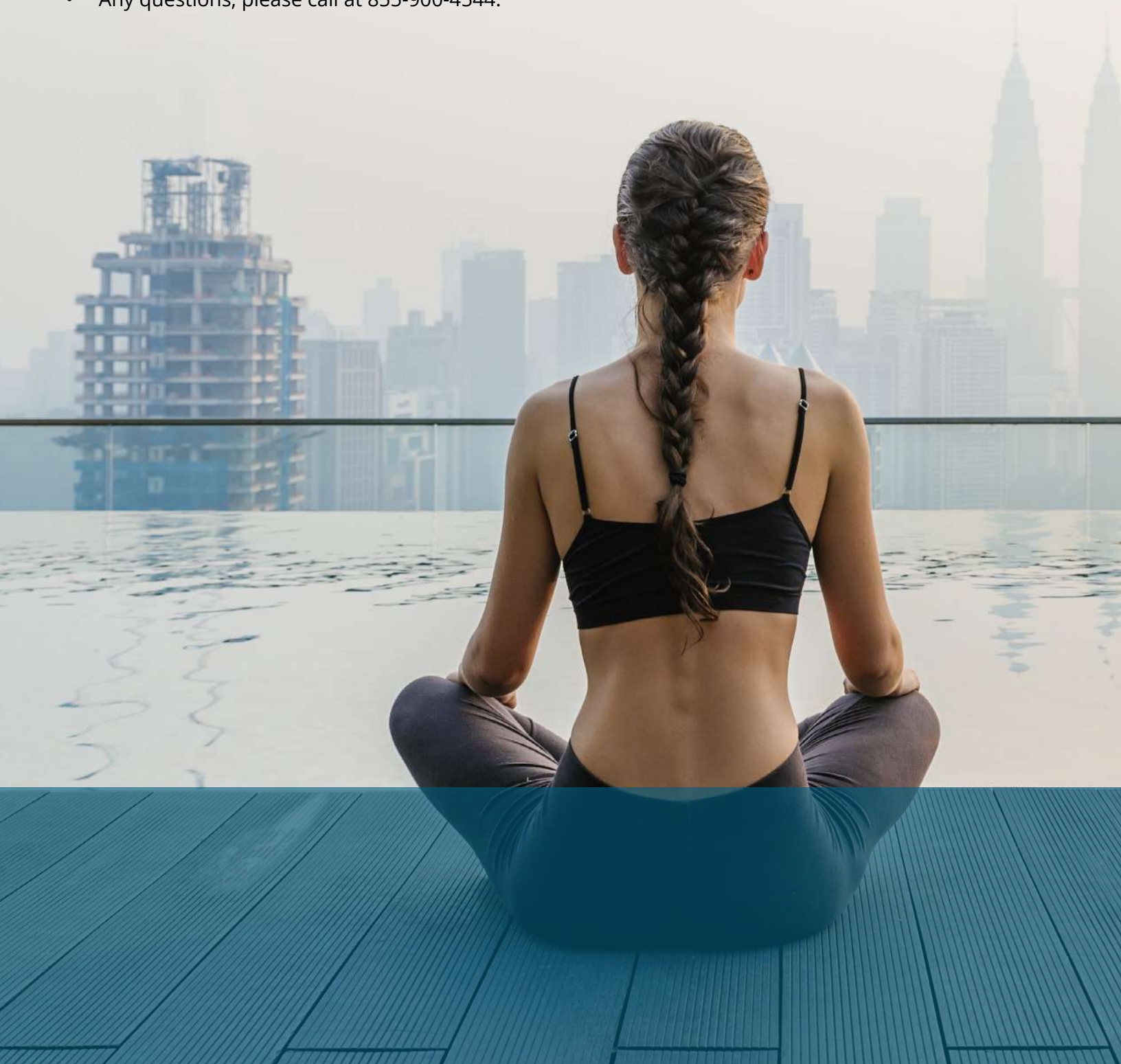
- 1. Perfect Day Consult Before Coming**
- 2. Fly Aero Mexico**
- 3. No PCR Test**
- 4. No Quarantine**
- 5. No Mask**
- 6. Spit Test to Return Home**
- 7. Law: They cannot detain you when you return home**



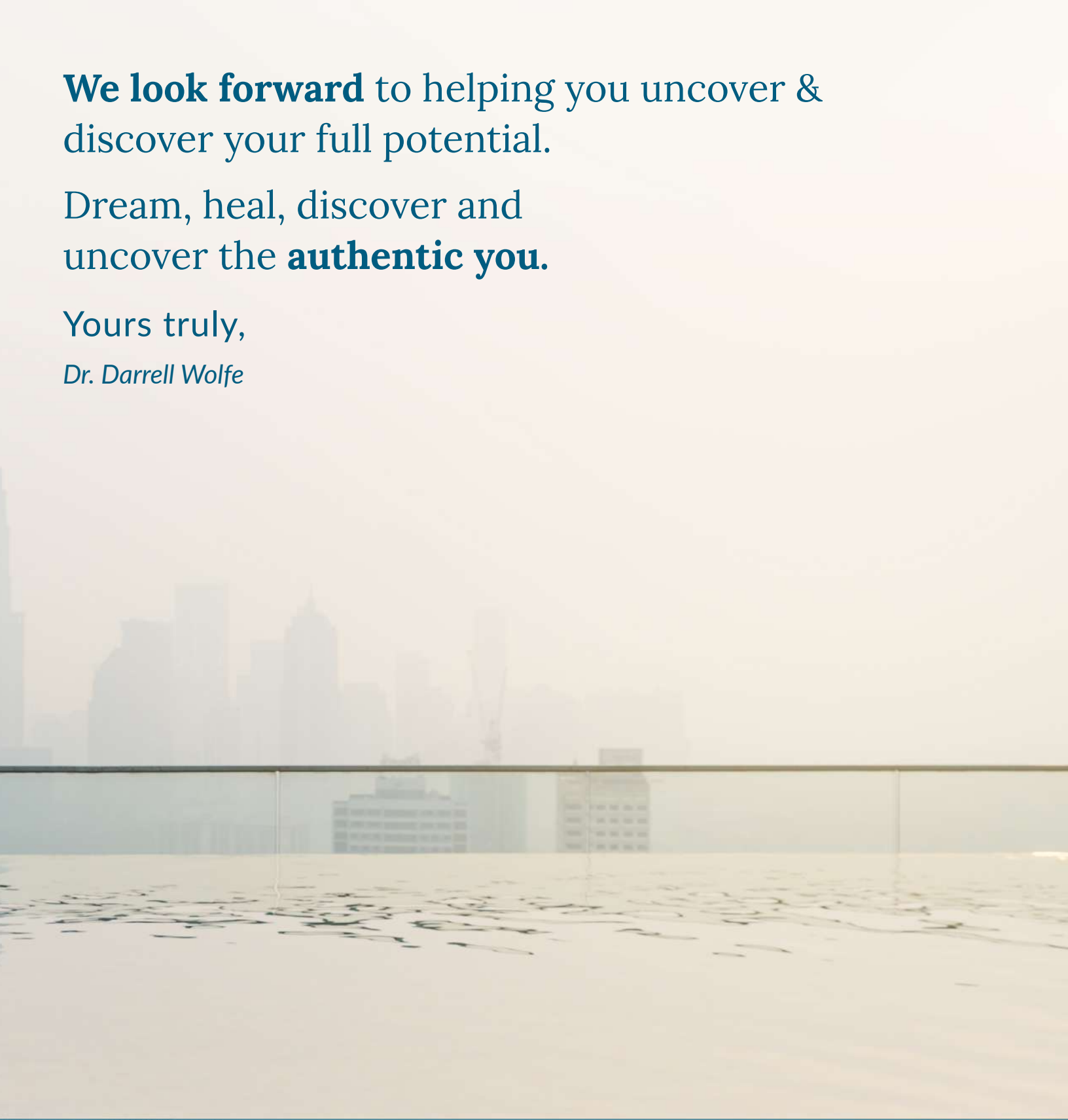


# CANCELTATION / NO SHOW POLICY

- We require a 3 week cancellation notice prior to your booking.
- Less than 3 weeks in advance Condo fee's and a 20% on treatments and consultations will be retained to cover costs.
- Any questions, please call at 855-900-4544.







**We look forward** to helping you uncover & discover your full potential.

Dream, heal, discover and uncover the **authentic you**.

Yours truly,

*Dr. Darrell Wolfe*

Download Brave Heart Library for free at: **[braveheartlibrary.com](https://braveheartlibrary.com)**

For further information on trainings and certifications go to: **[itioh.com](https://itioh.com)**



# INTERNATIONAL TRAINING INSTITUTE OF HEALTH LIBRARY







*See you soon*



# DOCOFDETOX

Library

[docofdetox.com](http://docofdetox.com) | [itioh.com](http://itioh.com) | 1 855 900 4544